



# BIODIVERSITY LIFE AROUND ME

An Activity Guide for Parents/ Caregivers  
and Young Children



**#GlobalActionDays #MyActionsMatter**  
**April 20-30, 2022**

We support the



UNITED NATIONS DECADE ON  
**ECOSYSTEM  
RESTORATION**  
2021-2030



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SCAN ME



Young Reporters  
for the environment



Eco-Schools



LEARNING  
ABOUT  
FORESTS

# READY, SET, ACTION!

Welcome parents, guardians, and all those interested in engaging in Global Action Days 2022 with young children!

We invite you to use this resource to make the five steps for biodiversity accessible, understandable, and most of all fun!

The purpose of this activity guide is to support investigation, learning, and positive experiences with children aged 3-6. You'll find activities, supporting questions, and spaces for drawing findings for the 5 actions for biodiversity.

As children learn best through play and modelling, doing these actions together will enrich the deep learning experience. Our hope is that these shared actions will reinforce children's strong bonds both with the people and natural world around them.

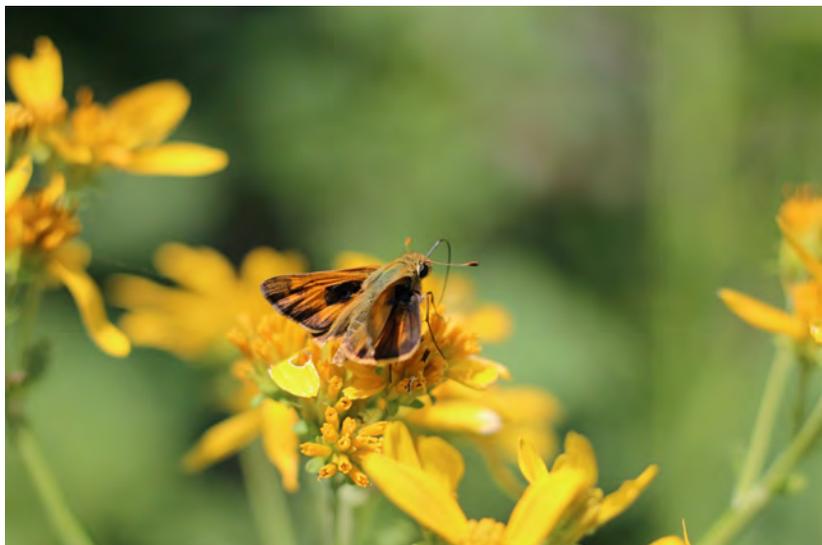
A sustainable future starts in the smallest of hands. Join in to help your little ones become the leaders of today.

Take photos of your fun activities and share them on



Use the hashtags

**#GLOBALACTIONDAYS, #MYACTIONSMATTER, #GAIA2030,  
#GENERATIONRESTORATION & #LITTERLESSCAMPAIGN**



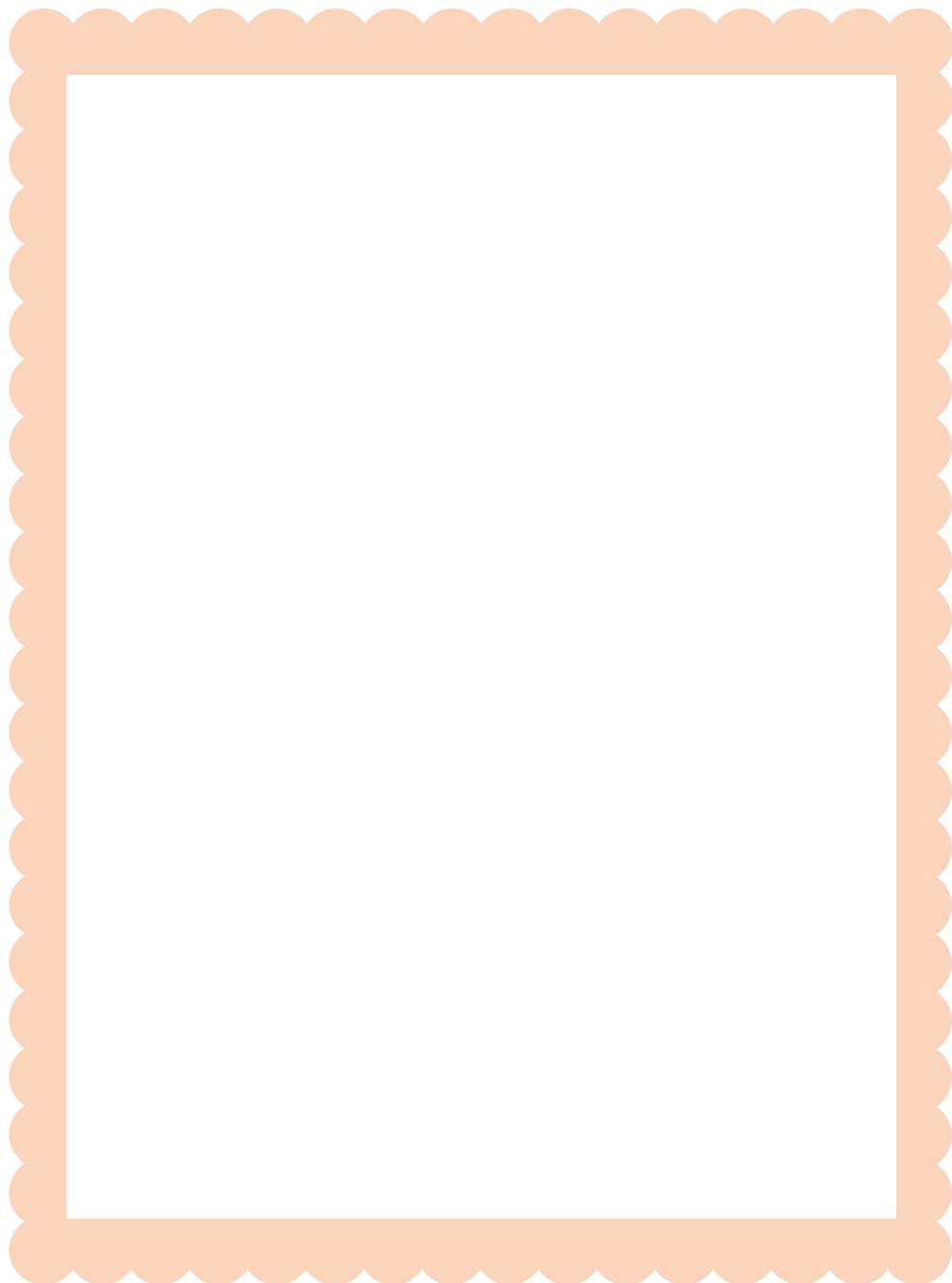
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# PAINTING OUTDOORS

Bring some watercolor paints, brushes, paper, and something hard to paint on along with you outdoors.

After taking a few moments to be present in your surroundings with eyes closed, encourage children to open their eyes and paint the very first thing they see. Allow them to take their time and be inspired by their surroundings. Paint as many still life paintings as desired 😊



Name \_\_\_\_\_ Date \_\_\_\_\_



# 1: DIP INTO NATURE

**A little greenspace, park, garden, forest, field, or beach--wherever you are the outdoor environment has so much to offer and experience! Encourage children to experience outdoors using all their senses:**

1. Take a walk outside together for at least 10 minutes.
2. Find a good place to sit or stand and close your eyes for about 30 seconds.
3. Be still for a moment and encourage children to relax, breathe, and be present in the surroundings together.
  - What sounds do you hear?
  - What smells can you smell?
  - What can you feel?
4. Open your eyes and look around for a flower, plant, bird, or insect that you find beautiful or interesting. Stay still and observe it closely (under adult guidance for poisonous plants, fungi, or animals).

## **Guiding questions:**

- How does being outdoors close nature make you feel?
- Did you enjoy it or find it relaxing?
- What do you like most about our nature dip?
- What colors did you see?

Take photos together of your favorite sights from the Nature Dip and share them with others using the **hashtags** listed in the section Ready, Set, Action!

The **Sensory Wheels** below can be used as tools to help children use their senses with intention to relate with nature.

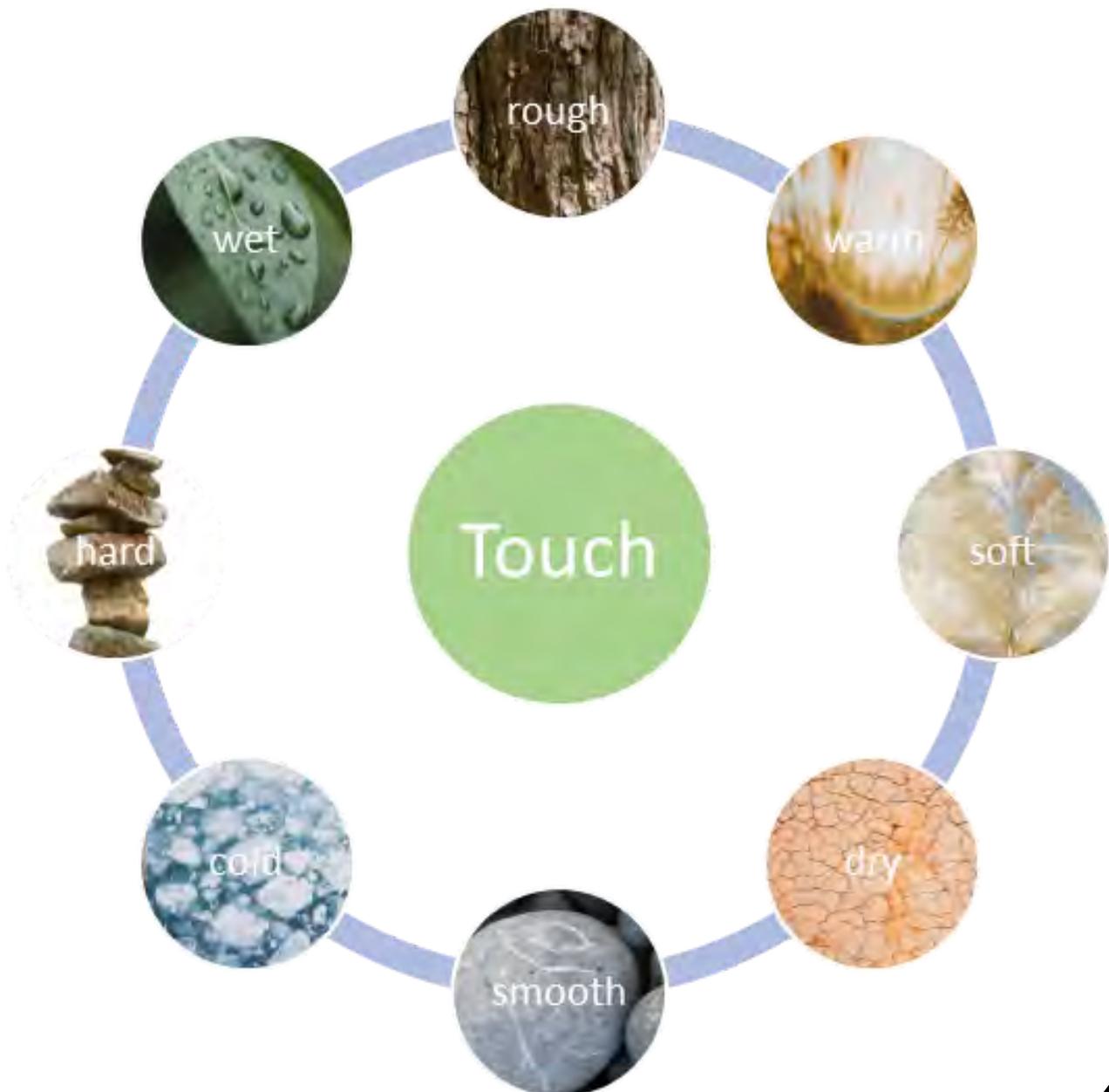
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# WHAT DO YOU FEEL?

Use your sense of **touch** outdoors . You can cut this wheel out and glue it on cardboard. Use a paper clip or clothespin to mark off each finding.



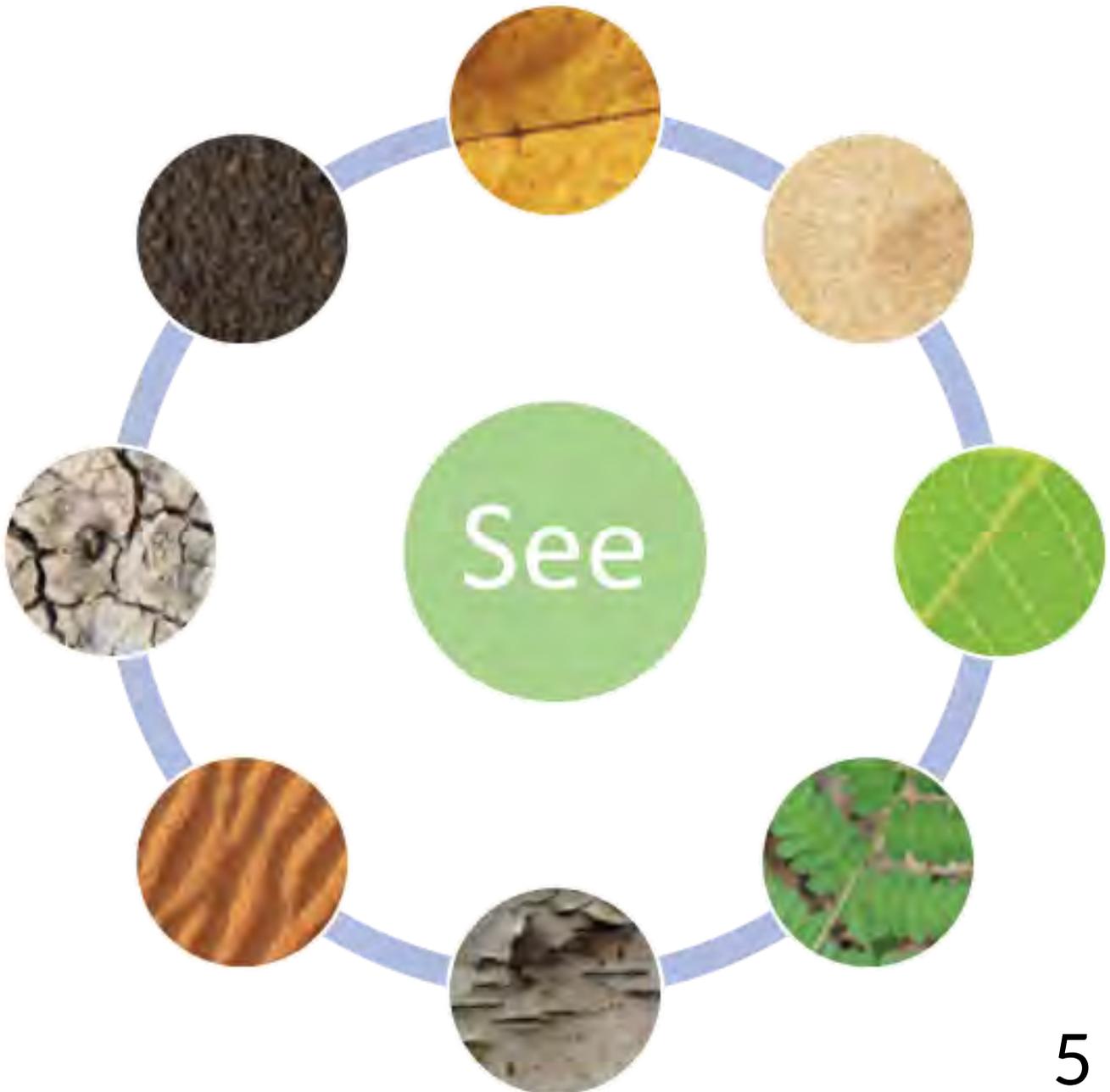
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# WHAT DO YOU SEE?

Use your sense of **sight** outdoors . You can cut this wheel out and glue it to cardboard. Use a paper clip or clothespin to mark off each.



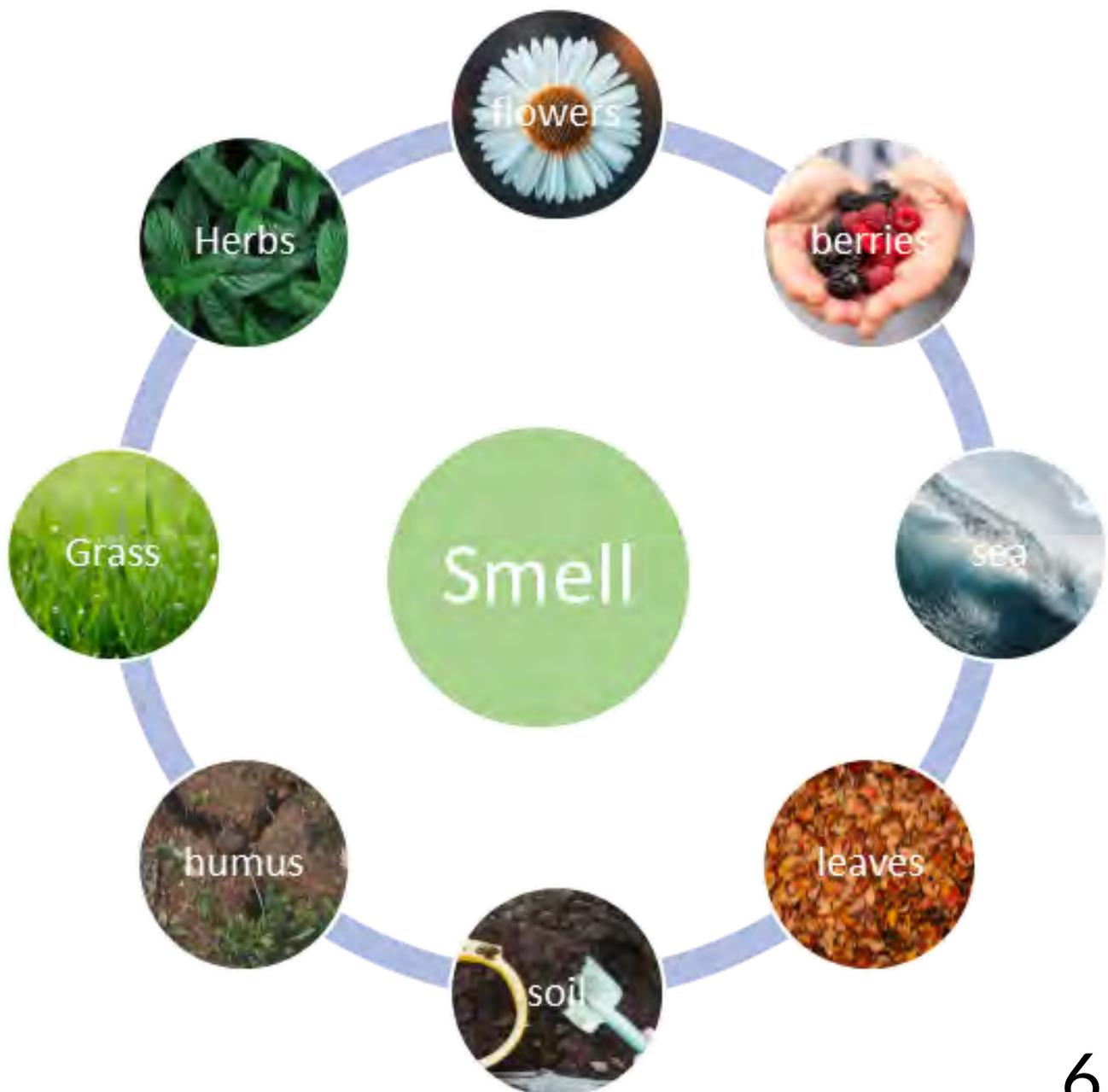
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# WHAT DO YOU SMELL?

Use your sense of **smell** outdoors . You can cut this wheel out and glue it to cardboard. Use a paper clip or clothespin to mark off each.

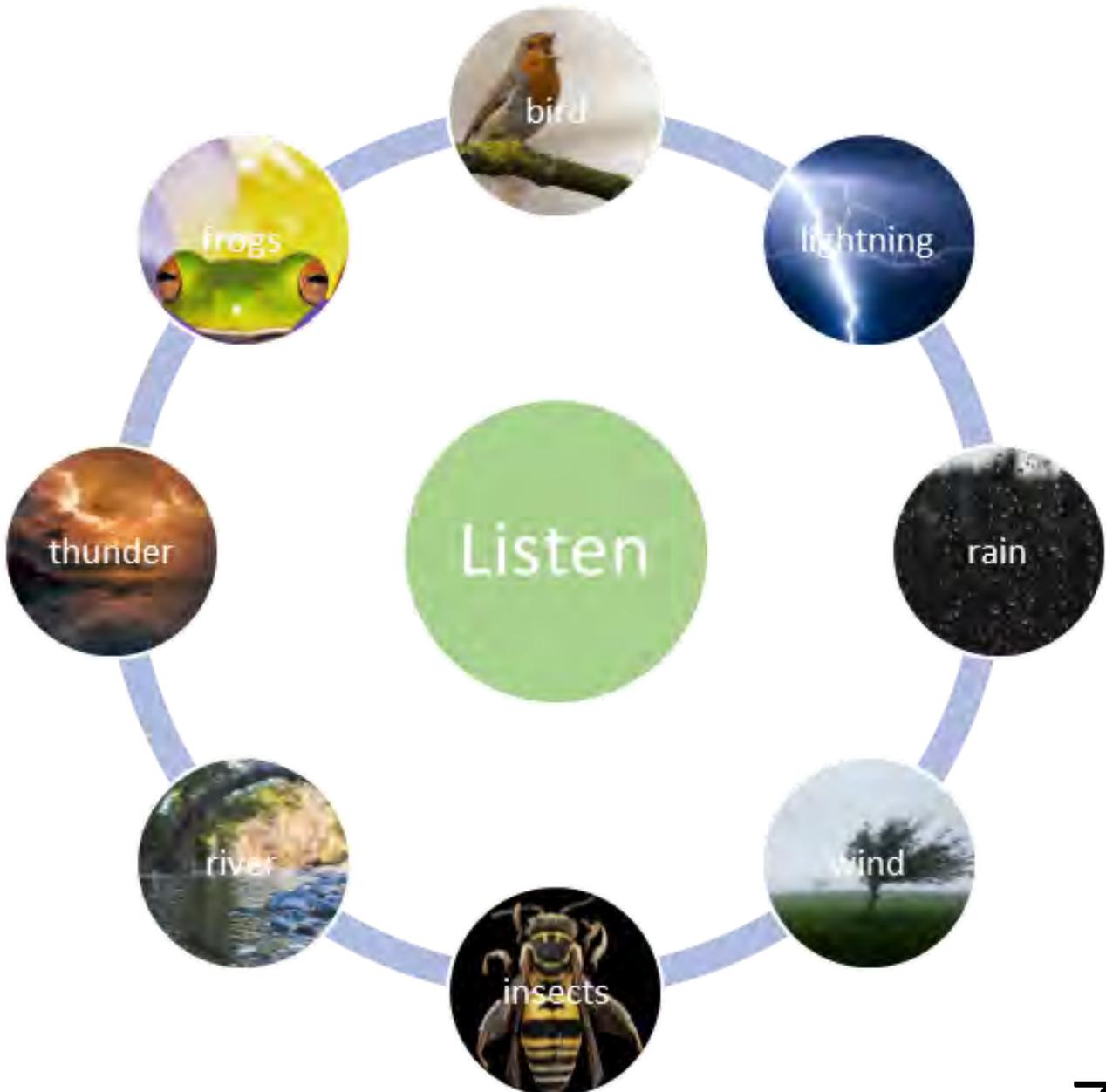


Name \_\_\_\_\_ Date \_\_\_\_\_



# WHAT DO YOU HEAR?

What can you **hear** outdoors? You can cut this wheel out and glue it to cardboard. Use a paper clip or clothespin to mark off each.



Name \_\_\_\_\_

Date \_\_\_\_\_

# NATURE COLLAGE

Can you create a picture using only natural resources? Collect some **treasures** outdoors (sticks, pinecones, leaves, rocks, etc.). Remember not to pluck things from living plants :) Find a flat surface and create a picture using your treasures.

